Our mission is to alleviate the effects of poverty, hunger, homelessness, and addiction by providing community-based social services to those in need.

Letter from the Director

A Season of New Hope...

Fall is a time when the weather changes; the leaves celebrate the beginning of a new season; students return with renewed enthusiasm and hopes for the new year with new possibilities.

ICS has experienced a lot of change over the last year and has had so much to celebrate!

The ICS Food Bank is now distributing food every Monday, which allows us to serve almost twice the number of people each month! Our Hygiene Center recently expanded its hours, so this winter, clients will have two extra hours each day to find respite from the rain, cold and snow. And there are some new—and some not so new—faces on the ICS team. (Meet them inside on page 3.) Lots of changes but a lot of possibility to celebrate and hope.

A Season of New Hope is the theme of our 2017 Fall Breakfast.

We are happy to announce that King County Council Chair, Joe McDermott, will be our keynote speaker this year. With his long career serving our community in the State Legislature and now on the King County Council, he continues to advocate for the those who live in the margins. Council Chair McDermott also sits on the All Home Coordinating Board which is the governing board working to address issues of homelessness in King County. We are truly honored to have him be a part of our day.

He will be joined by current and former clients from our Hygiene Center and Recovery Shelter who will share their stories and their music with us!

This year’s breakfast will take place on Thursday, October 19th at 7:30am. This event is critical to the success of ICS. See more about the expansion on page two! Thank you United Way!!

Hygiene Center Expansion!

Thanks to a grant from United Way and the support of generous donors like you, the Hygiene Center is now open two hours longer each day! This allows us to wash more loads of laundry, provide more showers, offer hot meals each day and give clients greater access to supportive services like the Dental Van, visiting nurse and case management.

But perhaps most importantly, this expansion provides our clients a safe, warm, dry place for two additional hours each day as we approach the full onset of Fall weather.

Our clients have nothing but positive reviews about the expansion:

“I’m glad that you guys [ICS] are open. I need a safe place.”

“OK, that was a good sleep, man!”

“Soap, shampoo, towel, robe and food?? Thank you, thank you!”

“Man, this place is comfy!”

Thank you for helping make this expansion possible!

In Memoriam

Last spring we lost two long-term members of our ICS community.

We took time out during each of our programs to remember these beautiful people. Many of our guests have no family or have lost contact, so we at ICS, are their family. This is one reason it is so important that we remember them and honor them.

It is also important that other guests see this so they know if anything ever happens to them, they will be remembered and missed.

JANA P.

Jana was a regular guest in our Hygiene Center, Community Lunch and Food Bank. Lovingly referred to as “Pocahontas”, her Cascade Park family remembered her as kind, thoughtful, joyful, laughing, sweet and caring at a memorial service we held at ICS.

NUTE D.

Nute was a longtime member of the ICS family, using all four of our programs at some point over the years. Nute was a kind and gentle soul; always with a smile on his face and a willingness to jump in and help... volunteering regularly at the Food Bank!
Meet the ICS Team!

**Kierstin Brown, Assistant Program Coordinator**
Kierstin provides client services and program coordination to the Hygiene Center & Food Bank. She also provides operational support for all ICS Programs! Kierstin comes to us from Union Church where she served as an Intern last year and holds a BA from Seattle Pacific University in Christian Theology, Women’s Studies and Reconciliation.

**Michael Disney, Food Services Coordinator**
Michael is the operational lead for all of our Food Services. He coordinates Grocery Rescue pickups, runs the Food Pantry and plans the meals we serve at the Hygiene Center. Prior to working here, he was a long-time volunteer with our Food Bank and brings many years of experience working with other food banks around Seattle.

**Jameson Jones, Development & Communications Associate**
Jameson helps coordinate our development and communications campaigns. Outside of his work with ICS, Jameson works and volunteers for CISPES, a grassroots nonprofit dedicated to confronting U.S. foreign policy in Central America. He holds a BA in English with a minor in Spanish from Bates College in Lewiston, ME, and he likes to write poetry in his spare time.

**Terrence Lewis, Recovery Program Coordinator**
Terrence has worked in the Human Service field for over 20 years. He started out working with at risk youth, and later began working with the Matt Talbot Center in February of 2000, a nonprofit that provides support to individuals suffering from substance abuse and mental illness. He is married to an amazing lady, Heidi Henderson-Lewis, and together they have six wonderful children and four grandchildren.

**Diakonda Gurning, ICS Intern**
Diakonda is a mission developer with the Indonesian Lutheran Fellowship (ILF), a ministry of the ELCA Northwest Washington Synod. He also works to support immigrant communities. In addition to a university degree from Indonesia, Diakonda has studied at Pacific Lutheran Theological Seminary, Berkeley, and is working on his Clinical Pastoral Education (CPE) in the Hygiene Center learning about homelessness.

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**You’re Invited: 8th Annual Benefit Breakfast**

We are honored to have King County Council Chair Joe McDermott as this year’s Keynote Speaker.

Join us Thursday, October 19th, to learn more about the inspirational work he and ICS are both doing to provide services, aid and support to those most in need.

If you’d like to attend, you can register online at: [https://2017icsbenefitbreakfast.eventbrite.com](https://2017icsbenefitbreakfast.eventbrite.com).

You can also register by contacting us at 206-622-1930 or info@icsseattle.org.

We hope to see you there!