

Our mission is to alleviate the effects of poverty, hunger, homelessness, and addiction by providing community-based social services to those in need.



## Letter from the Director

This week, while meeting with a potential resident of our Recovery Program Shelter, we asked the candidate why he wanted to stay at ICS. He's been staying at another shelter while attending treatment at the Matt Talbot Center but it has been difficult.

*"It's really hard; it's changed dramatically. There's a negative vibe and I just can't stay there anymore. I won't be able to stay sober."*

After sitting in treatment during the day, he returns to his shelter each evening to find syringes in shoes and the guys around him passed out drunk. It was making it harder each day to stay clean. He wanted to come stay at ICS because he knew he needed more structure and accountability to stay sober.

As you know, our contract with the City of Seattle was not renewed last fall, primarily because we are a clean & sober shelter for men **and** because we allow them to stay several months while they work on their recovery. With a funding focus on "low barrier" housing, being a clean & sober facility is considered a "barrier" and is not consistent with the low barrier shelter concept.

While we did not receive funding, we are

filling a VERY important gap in services and addressing a very important need.

We are an integral piece of their recovery and are committed to continuing to provide the care, compassion and time they need to become healthy and begin building a new life. 92% of the men who stay with us 120 days or more stay clean and move into permanent stable housing! So, what we are doing, along with our Matt Talbot partners, is working! The last few weeks there has been a lot of discussion in the news about homelessness (see "McKinsey Report"). We are in the midst of a crisis with a broken system. But while others work on a long-term solution, there are people who still need to be cared for and we will continue to help them. Thanks for being with us on that mission!



Peace & Spring Joy,

*Shawna McMahan*

Shawna McMahan  
Executive Director

**Spring 2018**

[info@icsseattle.org](mailto:info@icsseattle.org)

(206) 622-1930

[www.icsseattle.org](http://www.icsseattle.org)

1215 Thomas St.  
Seattle, WA 98109



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## McKinsey Report

The Seattle Chamber of Commerce commissioned a study by consulting firm McKinsey & Co. to analyze King County's homelessness crisis. According to the Seattle Times, the central finding of the report is:

*"Seattle and King County could make homelessness services system run like a fine-tuned machine but without dramatically increasing the region's supply of affordable housing options, solving the region's homelessness crisis is all but impossible."*

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## Thank You Churchwomen of St. Stephen's & Cloud 9 Fund!



The Churchwomen of St. Stephen's Episcopal Church and the Cloud 9 Fund awarded ICS a \$2,500 gift to make repairs to the storage room where the men who live in the Recovery Program Shelter store their belongings! A 100+ year old building needs a little love once in awhile—there were holes to patch and paneling to install. Thanks to our volunteers, Kiser and Wayne, who coordinated the project and our shelter residents who put in hours extra work after treatment/classes to finish the project on time!



## Volunteer Corner

### Meet Jessica and Roland

Jessica and Roland come every Monday morning to cook a hot delicious breakfast for our Hygiene Center guests and Food Bank volunteers. For the folks in Hygiene, this is often the only hot meal they will have for the day...what a treat! Yum!



For information about volunteering, please email [info@icsseattle.org](mailto:info@icsseattle.org)

### VOLUNTEERS NEEDED

#### COMMUNITY LUNCH

If you have a few hours to spare one Saturday a month, the Community Lunch crew could really use some help preparing for the meal. This might include cutting/slicing/chopping or mixing some delicious brownies.

#### HYGIENE CENTER

We are looking for folks to come in and help staff the welcome desk and check our guests in. We also would love any individuals (like Jessica & Roland, left) or groups who wants to cook breakfast/lunch once in awhile. Sometimes it's the only meal they get in the day!

#### DENTAL VAN VOLUNTEER

In partnership with Medical Teams International, we host the travelling dental van several times a year. We need a volunteer to help coordinate clients who wish to use the Dental Van when it comes to ICS. This is a fun and easy way to help for a few hours once a quarter.

## ICS Legacy Circle



Have you thought about leaving a gift to ICS in your will? We are forming an ICS Legacy Circle and would love you to be a part of the charter group. Please consider supporting our work in this very special way. A gift, no matter how large or small has the power to make a difference. Your legacy will help us care for the hungry, homeless and vulnerable.

If you have already done this, please let us know. If you would like to explore this further...let us know, we can help! Contact Shawna McMahon for more information: [shawna@icsseattle.org](mailto:shawna@icsseattle.org)

## BIG THANKS FOR GIVING BIG!

TOGETHER WE RAISED  
OVER \$18,400 TO  
SERVE THE HOMELESS  
AND HUNGRY IN  
SEATTLE!!!



*"I just really need to thank you. I don't know what to say but thank you with all my heart. I don't know where I would be without ICS and everything you did for me. I don't think I would be here."  
-Claudio, Recovery Program Shelter Graduate*

## McKinsey Report

....continued from pg 1

McKinsey found a 100% correlation between rent increases in Seattle/King County and the increased number of homeless.

While both have steadily increased, funding to address the issue has only increased 2%.

They urge action on three fronts: prevention, assisting the homeless and creating thousands of units of affordable housing. In order to adequately address the issue, it will cost more than double currently spending levels.

For more information, check out the ICS website.

## In Memoriam

### BIGOTES



In early May, we lost our longtime friend Bigotes (whose name means "whiskers" in Spanish). Bigotes was a regular guest in the Hygiene Center & Community Lunch for over 10 years spreading friendship & humor to those in his life. He is deeply missed by his "familia" in the Hygiene Center.

Marcus was a resident in our Recovery Program Shelter for a short time. After completing three months in inpatient treatment, he entered ICS but sadly only stayed for two days. We regret we didn't have a chance to get to know him well and send our thoughts to his family.

### MARCUS





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Seattle, WA 98109

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U.S. Postage Paid  
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Permit No. 289

*Change Service Requested*

Time sensitive - Please deliver immediately

## REGISTER NOW 3rd Annual Putt Putt Tournament!!

Saturday, June 9th  
2:00-6:00 pm

Interbay Golf Course  
2501 15th Ave W  
Seattle, WA 98119



**Form a Team!**

**Join a Team!**

**Support a Team!**

**Sponsor the Tournament!**

Email [info@icsseattle.org](mailto:info@icsseattle.org) or check out our website at [www.icsseattle.org](http://www.icsseattle.org)

Join us for our 3rd Annual Putt Putt Tournament **SATURDAY, JUNE 9TH!!!**

- Prizes will be awarded for Lowest Score, Highest Score, Most Funds Raised per Team, Best Costumes and more!
- Registration begins at 2pm, Golf begins at 3pm and a BBQ with awards will follow.

**Have a great time in the sun with friends while helping ICS!!**

