

20



18

# ANNUAL REPORT



***Our mission is to alleviate the effects of poverty, hunger, homelessness and addiction by providing community-based social services to those in need.***

## **MESSAGE FROM THE BOARD PRESIDENT AND EXECUTIVE DIRECTOR**

---

"Eternally glad to be here." "I am so grateful." "Thank you with all my heart." We hear words of gratitude and awe like these on a regular basis from the men who live in our Recovery Program Shelter and are so grateful to have a safe place to get off the streets and work on their recovery. Together right now, they have over 3,100 days of sobriety!

Gratitude and awe also describe our feelings about 2018. Thanks to you, we survived a very difficult year. We anticipated a large deficit year due to the unexpected loss of funding but thanks to our incredible supporters were able to overcome it!

A few highlights from 2018: We are grateful to have spent some time out in the community. We were invited to participate in Seattle Met Magazine's GeneroCity event; visited with neighbors at the SLU Block Party; hosted a group as part of the Pearl Jam Banding Together Against Homelessness and we were nominated for SLU Chamber Non-Profit of the Year (again!).

Our beautiful building had an exciting year, as well. Nordstrom employees participating in United Way's Day of Caring painted our offices. We repaired & updated the Recovery Men's storage room and bought a new energy efficient washing machine for the men.

Despite our budget challenges, it was also a year of celebration: We welcomed three new staff members to the ICS Team—Mariel Wettick, Michael Dart and Andy Rodgers - and we celebrated 21 of the ICS guests moving into stable housing!

As we move forward, we will continue to rebuild our programs and welcome each person with compassion and kindness. We are committed through our staff and Board of Directors, to being a diverse, equitable and inclusive organization. We spent time this year assessing our current board and staff and prioritizing these ideas as we move forward. We are doing this work as individuals, at the board level and throughout the whole organization.

We are so grateful for all of your support and feel honored to be a part of this important work. We look forward to a fantastic 2019!

Peace,



Noelle Smithhart  
Board President



Shawna McMahon  
Executive Director

## ICS BOARD

**Noelle Smithhart**—President  
**Siri Quigley**—Vice President  
**Wayne Hillard**—Treasurer  
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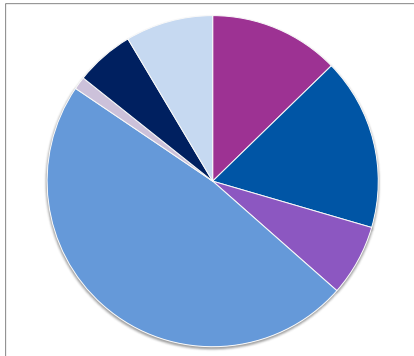


## ICS STAFF

**Shawna McMahon**—Executive Director  
**Mariel Wettick**—Development + Program Assistant  
**Terrence Lewis**—Recovery Program Shelter Coordinator  
**Andy Rodgers**—Food Bank Coordinator  
**Dave Saluskin**—Hygiene Center Coordinator  
**Janet Watness**—Community Lunch Coordinator  
**Michael Dart**—Bookkeeper

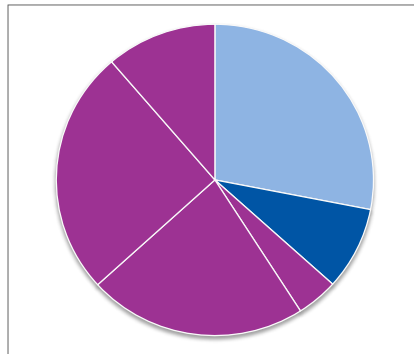
# 2018 FINANCIALS

## TOTAL REVENUE \$286,090



- INDIVIDUALS 48%
- FOUNDATION/NON-PROFIT 17%
- CORPORATE 13%
- ILC MINISTRIES 8%
- UNITED WAY GRANT 7%
- CITY OF SEATTLE GRANT 6%
- CONTRIBUTIONS—OTHER 1%

## TOTAL EXPENSES \$286,525



- PROGRAMS 63%
  - HYGIENE CENTER 26%
  - FOOD BANK 22%
  - RECOVERY SHELTER 11%
  - COMMUNITY LUNCH 4%
- MANAGEMENT/GENERAL 28%
- FUNDRAISING 9%

### REVENUE

Individuals	\$137,206
Foundation/Non-Profit	\$48,042
Corporate Contributions	\$36,391
ILC Ministries	\$24,466
United Way Grant	\$20,000
City of Seattle Transitional Grant	\$16,420
Contributions—Other	\$3,565

### EXPENSES

Programs	
Hygiene Center	\$72,783
Food Bank	\$64,112
Recovery Shelter	\$32,464
Community Lunch	\$12,183
Management/General	\$80,340
Fundraising	\$24,643

# P R O G R A M S

## RECOVERY

Our Recovery Program Shelter provides a safe, supportive, clean and sober living environment for men who are working to overcome addiction to drugs and/or alcohol. Up to 15 men, who are homeless as a result of their addictions, are invited to stay with us as long as they remain clean and sober. We have a long-standing partnership with The Matt Talbot Center where the men attend a daytime outpatient treatment program. In the evenings and on weekends, ICS is their home. We offer a warm and emotionally supportive environment so the men can focus on their recovery. The men share in the responsibility of communal living, including cooking, cleaning and providing building security. The men also participate in meetings and discuss important topics to help in their recovery process including anger management, conflict resolution, hygiene, and effective communication. The success of the ICS Recovery Program Shelter is attributable to the hard work the men put into their own recovery. This program can offer opportunities for the men to make dramatic and permanent changes in their lives.

## COMMUNITY LUNCH

Once a month we open our doors and offer a hot nutritious meal to anyone who is hungry. We serve anywhere from 100-200 diners during this meal. The meal is served on the last Sunday of the month, when many of our neighbors have run out of money for the month and they look forward to a good meal served in a welcoming atmosphere.

## FOOD BANK

Our weekly Food Bank serves approximately 525 people (380 families) per month. We are open from 11am -1pm on Mondays. No matter where people live or what their financial situation may be, anyone who is hungry and needs food is welcome. Many of our clients are on fixed incomes and while some do receive food stamps, this is not enough to provide adequate nutrition throughout the month. We offer supplemental food to clients' dwindling pantries, which comes as a welcome relief to many. We have many dedicated volunteers who work hard to keep food coming in as fast as it is going out. Without the many volunteer hands involved with this process, we could not afford to make our food bank such a success.

## HYGIENE CENTER

The ICS Hygiene Center provides the opportunity for those experiencing homelessness to wash clothes, take a shower, enjoy a hot meal and spend a few hours in a warm, safe and dry environment. The Hygiene Center is open weekdays from 8am-2pm and hosts a welcoming environment to anyone who walks through our doors. Each weekday morning our industrial washer, dryer, and hot water heater are put to use, washing clothes and offering showers for 20 to 40 people. Once a week, we offer the option to wash larger items, including blankets and sleeping bags. Our Hygiene guests are given toiletries, such as razors, shampoo, deodorant, toothbrushes and soap. These essential services allow homeless individuals to participate in work, job search and community activities with dignity.



# P R O G R A M S

## RECOVERY PROGRAM



*The numbers in 2018:*

**5,155** bed nights

**45** men stayed in our shelter (including current residents)

**3,170** combined days sober for our current Recovery Program residents (8.7 years!!)

**Justin** was a 26-year-old heroin addict living on the streets when he was stabbed nine times with a steak knife. When released from the hospital in the pouring rain, covered in medical bandages, he had nowhere to go. He found his way to Immanuel Community Services for help. Today, Justin is 27-years old, eleven months sober and has moved into his very own apartment.



## COMMUNITY LUNCH



**1,410** total meals served in 2018

**319** volunteer hours dedicated in 2018

# PROGRAMS

## FOOD BANK



*The numbers in 2018:*

**308,514** pounds of food distributed

**6,302** individuals served

**4,563** households served

**690** new individuals served

**4,821** number of volunteer hours served in Food Bank



## HYGIENE CENTER

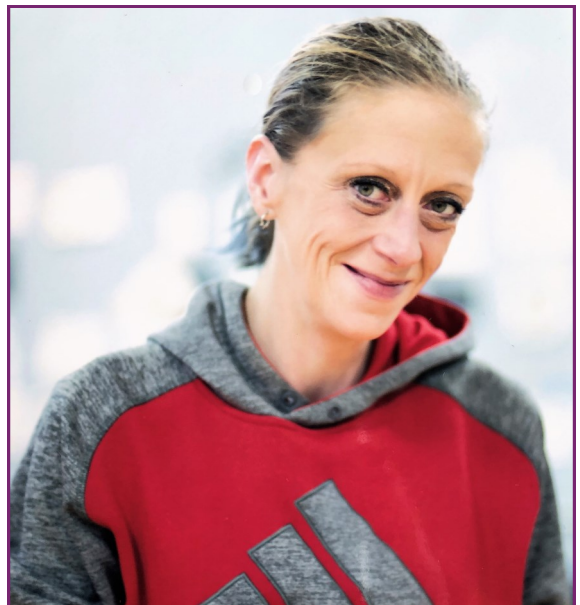
*The numbers in 2018:*

**430** people served

**4,611** services provided

**9,600** meals served

**Nikki** is a familiar face at ICS. She was 18 years old when she left home and found herself on the streets. The first person she met was a guy who became her "boyfriend." 10 years older than her and a heroin addict, he got her strung out on drugs and turned her to prostitution in order to feed his own drug habit. At 38, she had lived on the streets for 20 years but in June, Nikki moved into her very own apartment for the first time in her life! Having a safe stable place to live gave her the courage to conquer her drug addiction. She is getting herself together because she wants to have a successful life and be a productive member of society.





## 2018 EVENTS



DINE OUT FOR ICS



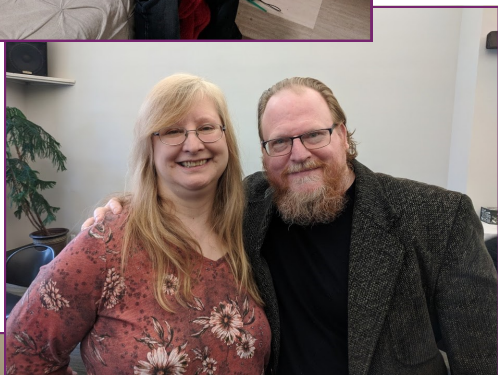
3RD ANNUAL PUTT PUTT  
GOLF TOURNAMENT



2018 COMMUNITY OF HOPE:  
9TH ANNUAL BENEFIT  
BREAKFAST



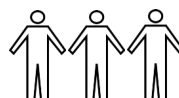
# 2018 HIGHLIGHTS



**32,235** total meals served



**6,038** total volunteer hours dedicated



**13,000+** people served



**7,460** total loads of laundry



**21** chronically homeless people placed in housing

*From top to bottom:* Mariya receives a turkey at the Food Bank for Thanksgiving, Giovanni moves into his own apartment, Björn graduates from the Recovery Program Shelter and Matt Talbot, Gifts of quilts to the Recovery Men Graduates, No tricks, only treats in Hygiene for Halloween, Nordstrom volunteers paint our offices.

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*And a special thank you to our  
Needs List Angels + anyone else  
who has dropped off donations!*

# OUR SUPPORTERS

## *In honor of...*

### **All who do the hard work of Recovery**

Anthony & Priscilla Paris-Austin

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Brandon Shelton

### **Bob & Claire Brooks**

David & Marjorie Baylor

### **Christine M. Serold**

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Ann Wolfe

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### **In honor of good people doing hard and important work in our community**

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Sandy Brewster

### **Rachel and Jim Schoeld**

Kenneth & Pearl Noreen

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### **Recovery Guys!**

Kevin Johnsen & Paul Algeo

### **Ron & Aljene Wendling**

David & Marjorie Baylor

### **Shawna McMahon**

Mary Lane

### **Tim & Betty Feetham**

David & Marjorie Baylor

### **Union Church**

Janet Werner

### **Zamara Lozano**

Scott Lozano & Jaleh Sadravi

## *In memory of...*

### **Alan Mackenzie**

Kathy Obermeyer

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Overberg, Kristen  
Palmer, Allyson  
Pan, Shuxian  
Piera, Chris

Purvia, Saufeeyah  
Quigley, Siri  
Rabinowe, Jordan  
Recovery Program Residents  
Redbird, Ruth  
Roberson, Corey  
Rodriguez, Tiana  
Roebuck, Bartell  
Ruiz, Eva  
Sandino, Chris  
Sera, Alex  
Serafin, Hector  
Shleffar, Samantha  
Smithhart, Noelle  
Soukup, Peter  
Staikos, Teddy  
Stein, Laura  
Taddeo, Luisa  
Tims, Alison  
Tsui, Emilee  
Turnberg, Patty  
Union Church 4th Sunday Group  
Union Church Supper Club  
Victoria  
Vincent-Fletcher, Roni  
Waltier, Sophia  
Watkins, Jessica  
Weiss, Valeria  
Williamson, Ann  
Yeadon, Keith  
Young Nonprofit Professions Network of Seattle

*And everyone else who has  
stepped in, stepped up and answered  
our calls for help!*



# WANT TO HELP OUT?

At ICS, we serve over 13,000 visitors each year experiencing homelessness and hunger. We are only able to provide the service we do thanks to the amazing volunteers who donate their time, talent and energy.

**ORGANIZE** a Food Drive, Hygiene Drive or Supply Drive! We are always in need of extra supplies to help run our programs.

## VOLUNTEER

### Food Bank

- Sort donations in the pantry on Saturdays or Sundays.
- Help with set-up, distribution & clean-up on Food Bank Mondays.

### Community Lunch

- Help with the prep work or the cooking and serving the last weekend of every month!

### Hygiene Center

- Cook a meal, staff the welcome desk or visit and offer compassion to our Hygiene guests.

### Special Projects for Groups or Individuals

- There are lots of opportunities for groups and special projects. Contact us with your ideas!

**FORM A PUTT PUTT TEAM** and join us on June 8th at our Annual Putt Putt Tournament for a day of fun!

**HOST A TABLE** at our Annual Community of Hope Breakfast in the fall.

**MAKE A GIFT!** We always welcome your financial or in-kind gifts. You can donate online or through the mail.

**CONNECT WITH US** and share the great work ICS does serving neighbors experiencing homelessness, hunger and addiction.



@ICS\_Seattle



@ICS.Seattle



@icsseattle



[www.icsseattle.org](http://www.icsseattle.org)

**1215 Thomas Street | Seattle, WA 98109 | [info@icsseattle.org](mailto:info@icsseattle.org) | 206-622-1930**

*If you're interested in any of these volunteer opportunities, or have any questions, please don't hesitate to contact us.*

# THANK YOU FOR A WONDERFUL 2018!

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Thank you for believing in our mission. Because of your support and partnership, we provided **Food** for those who are Hungry, **Hygiene** for those who are Homeless and **Recovery** for those who are addicted. We will continue to carry this mission into 2019 with compassion and kindness.

**JOIN US & BE A PART  
OF AN AMAZING 2019**

