



# Message from the Board President and Executive Director

Dear Friends:

2016 was a year of transition, connection and plans put into action.

Last year the Board and staff commissioned a program review of the Hygiene Center to determine if the services provided there were the appropriate response to homelessness in the Cascade neighborhood. The Hygiene Center for years has provided showers, laundry, and a few hours rest for people living on the streets, in doorways and under freeway ramps. The Board implemented the recommendation to continue Hygiene services and hire Shawna McMahon, formerly of the Mental Health Chaplaincy, to provide individualized case management services to our hardest to reach clients. Later in this report you will see the fruits of her labors (and the Board's investment) in some astounding successes, including housing clients who have spent up 30 years on the streets. Next year the Board and staff will examine the Food Bank program to examine what more we can do the feed hungry people in this blessed neighborhood.

Immanuel Community Services continued its work in the neighborhood by co-founding CPAC – the Cascade Park Activation Committee. CPAC applied for and won a grant from the Downtown Seattle Association to bring activities like outdoor movies and giant chess games to Cascade Park. Acting on the suggestion of one of our Hygiene participants, Patty and Shawna worked with the YMCA/ Cascade People Center, the Salvation Army and the Seattle Human Services Department to organize an emergency shelter to serve our homeless neighbors. Though the shelter did not open due to a technical issue, our work together demonstrated that people who are homeless know what they need and can truly participate in these solutions when offered the opportunity to work with supportive neighbors.

And finally we had to bid a fond farewell as three of our wonderful staff put their personal life-plans into action. Will Maier, our Food Bank manager and Reise Sample, executive assistant, moved east for graduate school; and Patty Turnberg RETIRED! Needless to say these have been big changes but Patty prepared us well. Before leaving Patty hired Casey Hobbs and Michael Disney to run the Food Bank and Grocery Rescue, Megan Stevenson to oversee the details of our fundraising events and asked Kiser to step in as Interim Executive Director.

On behalf of the Board and Staff we thank you for your support, your enthusiasm and your prayers. You will see program statistic and highlights of our year but what we most want you to take away from this Annual Report is our gratitude for your advocacy, volunteer time and financial support. The work of ICS is truly a blessing. And so are you.

Sincerely,



Kevin Johnsen  
Board President



MJ Kiser  
Executive Director

## ICS Board of Directors

Kevin Johnsen, President  
Jewell Tice, Vice President  
Addison Smith, Treasurer  
Noelle Smithhart, Secretary  
Paul Ehrlich  
Diakonda Gurning  
Anders Thomas  
Jonathan Nichols  
Siri Quigley



*Left to Right: Diakonda Gurning, Jonathan Nichols, Kevin Johnsen, Siri Quigley, Anders Thomas, Jewell Tice, Addison Smith, Noelle Smithhart, and Paul Ehrlich*

*(picture credit: Diakonda Gurning)*

## ICS Staff

MJ Kiser, Executive Director  
Shawna McMahon, Program Director  
Casey Hobbs, Food Bank Manager  
Dave Saluskin, Hygiene Coordinator  
Terrence Lewis, Recovery Program Coordinator  
Jameson Jones, Development & Communications Associate  
Michael Disney, Grocery Rescue  
Janet Watness, Community Lunch Coordinator  
Ann Adam, Bookkeeper



# Immanuel Community Services

## Statement of Financial Activities—2016

January through December

### Income

#### Contributions

Individuals	115,639
Corporate Contributions	17,585
Foundation/Non-profit Contributions	
ILC Ministries Annual Grant	18,000
Immanuel Endowment Fund	7,000
Food Resource Network	3,306
Other Foundation/Funds	31,961

<b>Total Contributions</b>	193,492
----------------------------	---------

#### Government Grants/Contributions

City of Seattle Hygiene Grant	20,325
City of Seattle Recovery Grant	44,068

<b>Total Government Grants/Contributions</b>	64,393
--	--------

#### Other Income

Gain/(Loss) from Investments	6,103
Investments	475
Miscellaneous Revenue	1,200

<b>Total Other Income</b>	7,779
---------------------------	-------

<b>Total Support and Revenue</b>	265,664
----------------------------------	---------

### Expenses

#### Program

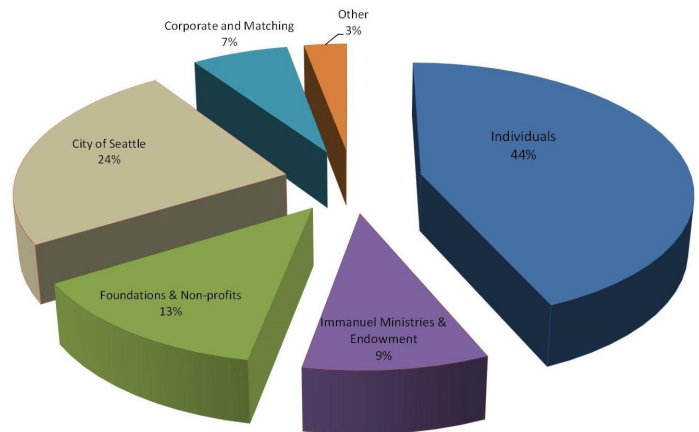
Recovery	44,251
Hygiene	54,110
Food Bank	42,450
Hygiene Case Management	44,937
Community Lunch	9,883
Fundraising	44,062
Management & General	75,681

<b>Total Expenses</b>	315,375
-----------------------	---------

<b>Income over Expenses</b>	(49,711)
-----------------------------	----------

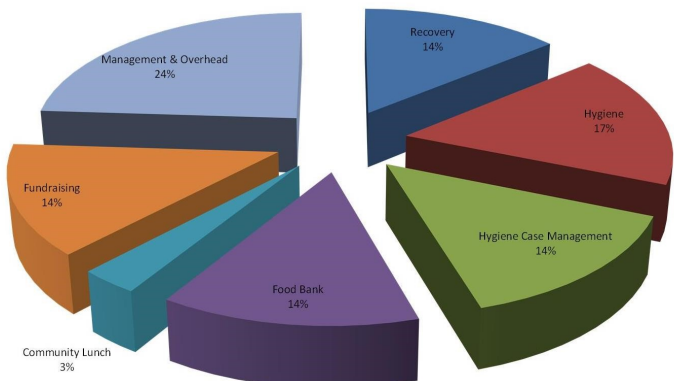
### Revenue Breakdown:

- 44% - Individuals
- 9% - ILC Ministries
- 13% - Foundations & Non-profits
- 24% - City of Seattle
- 7% - Corporate & Matching Gifts
- 3% - Other



### Expenses Breakdown:

- 14% - Recovery
- 17% - Hygiene
- 14% - Hygiene Case Management
- 14% - Food Bank
- 3% - Community Lunch
- 14% - Fundraising
- 24% - Management/Overhead



# P R O G R A M S

## HYGIENE CENTER

*Dave Saluskin, Hygiene Center Coordinator*

*Shawna McMahon, Program Director*

This year our Hygiene Center has seen profound growth, not only in the number of people served but the number of services provided. In 2016, we served 486 unduplicated people. These are unique unsheltered individuals who come to ICS to take a **shower**, do their **laundry**, enjoy a meal and find **respite** from the weather for a few hours.

Many of those guests enter daily and see the Hygiene Center as the first stop in their day. After rising they come to ICS to shower, shave, cut their hair, wash laundry and address other

personal needs. Some guests sit at a table and do art with a volunteer; some guests roll out their sleeping bags/blankets and take advantage of the warm dry space to sleep for a few hours; some guests read books, while others sit in a circle to converse – similar to the way families gather at the end of their day at the dining room table. This is a wonderful opportunity to engage

these chronically homeless participants in enhanced case management.

### Types of Supportive Services at the Hygiene Center:

- Drop-in Nurse twice a month
- Mental Health Outreach every two weeks
- On-site health testing (HIV, Hepatitis C, etc) quarterly
- ORCA Card sign-ups monthly
- Flu Shots
- Dental Services monthly



This year, we have also implemented some broader supportive services to help our Hygiene Guests. With an average length of time in homelessness of 17 years, many of our clients spend all of their day just simply trying to survive. By bringing some of the supportive services to them, it helps make it easier and for our guest to consider **taking steps to make changes**.

As available resources allow, we also try to provide events, celebrations and activities for the guests. For example, a sit-down home-cooked Thanksgiving meal; a Halloween Party with decorations, games and treats; a “Blue Friday” pizza party with football decorations; special Latin American Independence Day(s) Celebration with decorations, culturally representative food, etc.

## COMMUNITY LUNCH

*Janet Watness, Community Lunch Coordinator*

*Approximately 1,500 meals were prepared and served by ICS volunteers through this program in 2016.*



On the last Sunday of every month, Immanuel opens its doors and serves a nutritious **hot lunch** prepared by Janet Watness and the many volunteers who offer to help. We typically serve about 175 neighbors each month, with members of the Immanuel con-

gregation sitting down together with our broader community for this monthly meal.

It is a good time for **community-building** and breaking bread together. Much of the food is donated, but some food is purchased each month to create a balanced meal. We are able to bring South Lake Union together, filling bellies with big portions of nourishing food and a dash of love.



# P R O G R A M S

## FOOD BANK

*Casey Hobbs, Food Bank Manager*

### Food – Empty cupboards/Empty bellies



Look around and it's easy to see that Seattle is a growing vibrant community. But what you don't see is how many of our neighbors are experiencing hunger. Did you know that one out of every seven people in King County doesn't know where their next meal will come from? With the exception of our homeless community, **hunger is invisible**. Many families, seniors, people with disabilities and low-income wage earners are unable to eat even two meals a day.

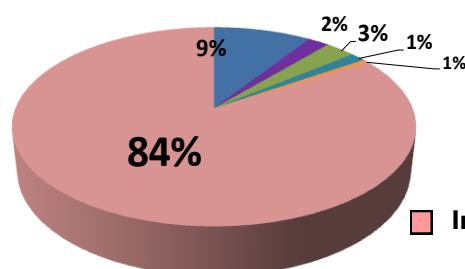
One in five citizens in King County relies on a food bank. With 3,715 visits to our **FOOD BANK**, we filled the cupboards and lunch boxes of over 300 households each month. We also operate a Grocery Rescue, collecting food from neighboring grocery stores and distributing it to some of our hungry neighbors including residents of Compass on Dexter, Seattle Cancer Care Alliance, and the Pete Gross House.



- 275,983 pounds of food were donated
- 3,715 visits were recorded and many took home food for other family members
- 2,702 hours of volunteer labor operationalized the FOOD BANK

Our food partners include Food Lifeline, Northwest Harvest, Trader Joe's West Seattle, Whole Foods Westlake, Metropolitan Market Queen Anne, Bon Appetite/Amazon, friends at The Mirabella, the Seattle Times, and members of Immanuel Lutheran Church.

### In-Kind Donations: Food Bank & Community Lunch



 In-Kind Gifts & Food Contributions

Valued at: \$1.50/lb = \$413,975!!



## RECOVERY PROGRAM

*Terrence Lewis, Recovery Program Coordinator*

### From Street Life to Housing



While Seattle continues to face huge homelessness crises, ICS's unique Recovery Program and Shelter offers homeless men an opportunity to live in our

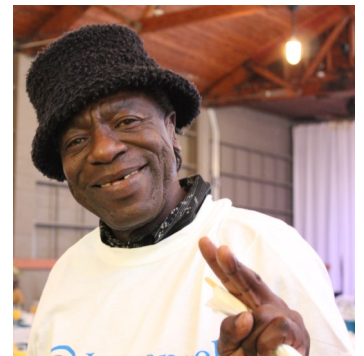
- 36 men participated in our Shelter Program in 2016.
- 13 men moved into stable housing.

supportive shelter and while receiving Intensive Outpatient Services from the Matt Talbot Center. Overcoming addiction is incredibly hard and some of the residents don't graduate from the program. When they are ready, we warmly welcome those who might want to repeat the program.

Part of the ICS Recovery Program and Shelter includes mentoring these men in life skills. From house management, time management to grocery shopping and cooking healthy meals! We want our men to have the tools to succeed independently.

However, **many succeed and move into stable housing**, find work, reconnect with family and lead happy productive lives. Our shelter provides food, laundry facilities, beds and bedding, and lots of love from members of Immanuel Lutheran Church, staff, neighbors and volunteers from Union Church. It's a highly successful program and con-

tinues to provide hope to those who enter our doors looking for help and are working hard to recover from drug and alcohol addictions.



## Special Thanks

### ***Thank You Boeing Employees Fund***

*Our New Van  
Grocery Rescue, Field Trips and  
Moving People into Housing!*



## 2016 Events

### **2016 Annual Benefit Breakfast**

*Pete Holmes, Seattle City Attorney,  
and Recovery Program Graduate,  
Gabe: 2016 Guest Speakers.*



### **1st Annual Putt Putt Golf Tournament!**



*Teams Peanut Putter Cups  
and Jewell's Team 2...take  
home the trophy!*



*Team Hufflepuff Putts for ICS!*





**YOU can make a difference.**

Immanuel Community Services has multiple volunteer opportunities where individuals and/or groups can match their talents with the community's needs. Visit [www.icsseattle.org](http://www.icsseattle.org) for opportunities and consider one of the following:

**ORGANIZE** a hygiene drive, a food bank drive, putt-putt team or a fundraiser with your family, friends and co-workers.

**VOLUNTEER** to come help with our food bank or community lunch.

**FORM A BREAKFAST OR SUPPER CLUB TEAM** – If you can provide the volunteers and the food, we can provide you with the use of our kitchen and many hungry mouths to feed. Come early and serve breakfast in the Hygiene Center or come mid-afternoon and cook for and dine with the men in our Recovery Program Shelter.

**MAKE A GIFT** – We always welcome your financial gifts. You may donate online at [www.icsseattle.org](http://www.icsseattle.org), by phone by calling 206-622-1930 or by mailing a check!

### **WANT TO LEARN MORE?**

We are happy to provide you with a tour of our programs, all located in Immanuel Lutheran Church. Call to arrange a tour at (206) 622-1930. We welcome your interest.

**Immanuel Community Services**  
**1215 Thomas Street**  
**Seattle, WA 98109**  
**(206) 622-1930 ~ [www.icsseattle.org](http://www.icsseattle.org)**