

Our mission is to alleviate the effects of poverty, hunger, homelessness and addiction by providing community-based social services to those in need.



Clockwise, top left: Team "Murray's Paws for Care" takes home the Grand Prize for raising the most funds for ICS! Team "Dude! Where's My Par?"; player going for par; Mark from Umpqua Bank (our community partner & sponsor) helping set up before the event!

2023 PUTT PUTT-GOLFING FOR GOOD!!

A big thank you to everyone who played, fundraised and gave to this year's 6th Annual ICS Putt Putt Tournament! We had a great time *golfing for good* our record of nice sunny weather continues with 6 years of sunshine for the event!

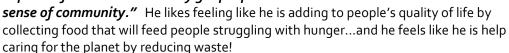
Together we raised over \$14,000 and counting! If you haven't had a chance to donate, you can still do so at www.icsseattle.org/puttputt2023

A special thank you to all of our sponsors and volunteers. Thanks to the generosity of our sponsors, all funds raised at the event to go directly to our programs and the people they serve by providing food, shelter and hygiene services.

VOLUNTEER SPOTLIGHT: RICK REYNOLDS!

Rick is a SLU Food Bank at ICS volunteer who drives the van for the Grocery Rescue Program. Executive Director of Operation Nightwatch for 28 years, when Rick retired in June 2022, he immediately emailed and said "sign me up!"

Rick likes volunteering for ICS because he feels "ICS gets a lot done as a small org. They make a big difference reducing the impacts of homelessness. They get people stable and create a



Rick reports that "it is very gratifying in my retirement to feel like I have a place and am helping with purposeful work." He also fills his days of retirement by working at Mariners games, so sometimes he can't drive on a Saturday. When that happens, he says he really misses it. "People should volunteer. It's so fun and they will learn a lot!"

Summer 2023

info@icsseattle.org

206-622-1930

www.icsseattle.org

1215 Thomas St.
Seattle, WA 98109

Connect with ICS on Social Media!







Save the Date

of HOPE 2023!

Thursday,
October 19th



Meet the ICS Team!



Michael Dart, Bookkeeper

Michael settled in Seattle after serving in the US Navy in early adulthood. For 19 years, he owned his own business. On retirement, he hoped to find a part-time position that would both employ his skills and fulfill his desire to serve an organization that contributed to social services, and he is grateful to have found ICS! He has a passion for music and enjoys spending time with his wife of 50+ years, Cheryl, his daughter and his granddaughter.



Natalie Dewey-Smith, Development & Communications Manager

Natalie grew up in Alabama but has always had strong ties to the PNW through her family. This year marks her 10th year in Seattle. Natalie graduated <code>summa cum laude</code> from the University of Alabama at Birmingham (UAB) with a BA in Foreign Languages, Concentration in French and a minor in Sociology. Natalie discovered ICS through her previous job with the SLU Chamber and is excited to join the team! She enjoys spending time with her husband Corwin, their dog Murray and friends.



Kylee Hodil, Program Coordinator

Kylee joined the ICS team as a Seattle Service Corps member in 2020. After completing her service year and getting to know the people of ICS, Kylee became the full time staff in 2021. She works closely with Hygiene Center guests and shelter residents. Having been homeless herself, she is passionate about affordable housing, harm reduction and substance use recovery. In her free time, you can catch her at farmers markets, visiting independent bookstores or hanging out with her roommate and their cat, Ziggy Pawdust.



Terrence Lewis, Sr., Recovery Shelter Coordinator

Terrence has worked in the human service field for over 20 years. He started working with at-risk youth and later with the Matt Talbot Center (MTC). He is married to an amazing lady, Heidi Henderson-Lewis, and together they have six wonderful children and nine grandchildren with #10 on the way! As Recovery Shelter Coordinator, he supports shelter residents on their recovery journey & acts as a liaison to the MTC clinical team.

VOUNTEERS NEEDED!



Sam, volunteer at the SLU Food Bank on Mondays, also prepares lunch for Hygiene Center each week.

We are only able to do the work we do because of the amazing volunteers that generously give their time. If you have a few hours to spare, we'd love you to be a part of our team!

- Mondays—Food Bank
- Tuesdays-Fridays—Cooking Lunch, Food Bank sorting
- Saturdays & Sundays—Grocery Rescue, sorters & drivers
- Flexible date/time—Office projects, mailings
- Groups & Special Projects
- Help with the Community of Hope event
- Serve on the ICS Board of Directors (see page 4)

Please email volunteers@icsseattle.org for info!

Meet the ICS Team!



Alyssa McGillivary, Food Services Coordinator

Alyssa was born in Texas, raised in Madison, WI and has lived in several states across the US. Last year, she graduated with a BA in Environmental Studies from Suffolk University in Boston in the hopes that she would get to work with people to combat food insecurity. Having never lived on the West Coast, Alyssa set out to find an opportunity with a non-profit in the PNW and found ICS. Alyssa enjoys going to see live music, Gas Works Park and visiting the Fremont Vintage Mall.



Shawna McMahon, Executive Director

Caring for others in the community is something Shawna learned from her family and that path led her to ICS in 2016. A lifelong Seattleite, she is committed to serving all who call Seattle home. She previously served at a homeless youth shelter, a child abuse prevention program and a children's home in Nicaragua where she has volunteered 20+ times and she has 4 godchildren. Shawna graduated from both the University of Washington (Go Huskies!) and Seattle University and when she is not on adventures with her pup Sophie (Chief Compassion Officer at ICS), she enjoys spending time with her nephews & nieces, traveling, Mt. Rainier, Seahawks games, hiking and movies!



Dave Saluskin, Hygiene Center Coordinator

Dave has been a member of the ICS family for decades. Even before assuming the position of Hygiene Center Coordinator in 2001, he was a dedicated volunteer for many years. Dave's work is driven by a clear sense of goodness. He find fulfillment from providing basic human survival needs to Seattle's most vulnerable communities. In his free time, he likes to watch old mystery movies and play video games!



Janet Watness, Community Lunch Coordinator

Janet is the heart and soul of our monthly Community Lunch! She has coordinated the program since its inception in 2012 when ILC saw a need to provide a meal at the end of the month when money was tight. She feels it is important that we take care of each other and this is just one way she can help! When she isn't cooking and serving, she is a Client Service Representative at a veterinarian clinic.

What Are Your 3 Things?

The other night, I watched a movie that had a little nugget that made me think: Identify 3 things every day that bring me joy.

For me, today that is:

- 1) Beautiful Seattle Summer Day
- 2) Swimming with my pup, Sophie the CCO (Chief Compassion Officer)
- 3) Listening to residents in the ICS Recovery Shelter share some of the great things happening in their lives because of their sobriety: their first apartment; earning visitation with their daughter; feeling their Dad being proud of them for first time; feeling good working together as a team.

Sometimes in the midst of caring for folks suffering from hunger & homelessness, deadlines, clogged toilets and grief, it's hard to see the hope or joy. But moments like this when we get to hear about residents' successes building a new life for themselves without addiction, brings joy that washes all the other stuff away!

What are your 3 things?



'Tis the Season

Move over sunscreen. Believe it or not it is time to start planning the holidays!

Please take a look to see how you, your office, church or family can help. We need groups to:

- Coordinate Thanksgiving lunch for Hygiene Center, 11/22
- Coordinate Holiday lunch for Hygiene Center, 12/22
- Coordinate gifts for Recovery Shelter Residents
- Coordinate gift bags for Hygiene Center quest

Email info@icsseattle.org for info.

Shawna McMahon, Executive Director

Community of Hope 2023

SAVE THE DATE!

Community of Hope returns Thursday, October 19th. This year's event is back in-person and will be a luncheon rather than a breakfast! Mark your calendars!

Would you like to spread **HOPE**?

Host a table - Invite seven friends to learn about ICS. **Sponsor the event** - Help cover the cost of the event so all proceeds will go to care for people experiencing hunger & homelessness.

Planning Committee - Help plan the event!

Email <u>natalie@icsseattle.org</u> for more information!

We look forward to celebrating with all of you!



Employee Giving Funds

Did you know ICS is part of the *King County Employee Giving Fund* and the *Washington State Employees Combined Fund Drive?* Anyone working for King County or Washington State can designate Immanuel Community Services and give directly to ICS through their payroll!!

This is true for ALL workplace campaigns! So, if you have one at your work, think ICS!

LEGACY OF HOPE

Have you thought about leaving a gift to ICS in your will? Please consider supporting our work in this very special way. Your legacy will help care for the hungry, homeless and vulnerable. If you have already done this, please let us know. If you would like to explore this further...we can help! Please contact Natalie Dewey-Smith for more information: natalie@icsseattle.org

Drivers Needed!

Every Saturday and Sunday, a group of volunteers spends a few hours collecting food from grocery stores which is then distributed at Monday's Food Bank. We are looking for more people on our Drivers List who could drive the ICS van once or twice a month . We also are looking for a few folks who would be willing to be on our "On-Call" list to fill-in if a scheduled driver is unavailable.

Interested? Email volunteers@icsseattle.org or call (206) 622-1930 x101.



Needs List

We are looking for specific donated items, including:

- Ground Coffee
- Sports Drinks
- Individual Sugar Packets (for coffee)
- Bottled Water
- Travel Size Deodorant



Apply to Join our Board!

Are you passionate about giving the people in your community a sense of dignity and hope? Would you like to help alleviate the effects of hunger, homelessness and addiction by providing community-based social services to those in need?

If you or anyone you know is interested, we hope you'll consider applying to join the ICS Board of Directors!

Email president@icsseattle.org for more info!